

AGENDA
NASA Health Promotion and Wellness Committee **ViTS/Webex**
Thursday December 10, 2009
11:00 AM- 12:00 PM EST

USA Toll Free Number: 1-877-972-9047
Audio Passcode: 2398128
Location @ KSC HQ Rm 3125

Webex Information
Meeting Number: 740 923 395
Meeting Password: Health09
<https://mmancusa.webex.com>

- Welcome M. Hafizi

- *HealthierYou* 2009 and 2010 Campaigns M. Hafizi
 - Seasonal Flu Totals: CS, Contractor, Others
 - Mayo Clinic 2010 roll out process
 - WTW and My Fitness Solution: Agency wide timeline

- Mayo Clinic EmbodyHealth: 2009 Health Assessment
NASA Data Analysis K. Hobbs

- Mayo Clinic EmbodyHealth: My Fitness Solutions K. Wood

- ViTS Schedule 2010
 - **March 11, 2010** **11am Eastern**
 - **June 10, 2010** **11am --- Annual Agency OH Meeting will be held between June 7- 11th. This ViTS will be canceled in lieu of the annual meeting.**
 - **September 09, 2010** **11am**
 - **December 09, 2010** **11am**