

AGENDA  
NASA Health Promotion and Wellness Committee **ViTS/Webex**  
**Thursday March 11, 2010**  
**11:00 AM- 12:00 PM EST**

**USA Toll Free Number: 1-877-972-9047**  
**Audio Passcode: 2398128**  
Location @ KSC HQ Rm 3125

**Webex Information**  
<https://mmancusa.webex.com>  
**Meeting Number: 741 147 685**  
**Pass Code: Health10**

- Welcome M. Hafizi
  
- *HealthierYou* 2010 M. Hafizi
  - White listing Mayo Clinic
  - My Fitness Solution
  - Seasonal Flu Totals: CS, Contractor, Others
  
- HPW Adhoc Committee update M. Hafizi
  - Setting the agenda for HPW 2010
  
- Mayo Clinic EmbodyHealth: K. Wood
  - Report Suite
  - WLQ 2009 update
  
- **June 10, 2010            11am --- Annual Agency OH Meeting  
will be held between June 7- 11<sup>th</sup>. In lieu of the June HPW ViTS  
we will be offering several of the Meeting sessions in a webex  
format. Access instructions will be provided closer to the  
date.**
  
- **September 09, 2010    11am**
- **December 09, 2010    11am**