

NASA HEALTH PROMOTION AND WELLNESS (HPW) COMMITTEE

Minutes for: December 4, 2012

Attendance: "X" means present via ViTS or WebEx

ARC	X	JPL		MSFC	X
DFRC	X	JSC		SSC/NSSC	X
GRC		KSC	X	OCHMO	
GSFC	X	LRC	X	WFF	
HQ		MAF	X	WSTF	

An announcement was made that the ViTS was being recorded. Helen Shoemaker

Agency Updates

A tentative date has been set for the 2013 NASA Occupational Health (OH) Meeting. The meeting will be held at the Kennedy Space Center (KSC) April 16 to 18. On Tuesday April 16 there will be Professional Development Courses (PDC) for Occupational Medicine, Environmental Health and Employee Assistance Program. April 17 and 18 are the Plenary Sessions in the morning. Discipline specific breakout sessions will be held in the afternoon.

This year the influenza vaccine was offered at 10 NASA Centers. The total vaccines given were 11,486; 4,527 to civil service, 6,611 to contractors, and 348 to others. Thanks to the Centers using Medgate who entered the influenza vaccines given into the system. This was a convenient way to pull the data on the vaccines given.

The 2012 Federal Employee Viewpoint Survey results are now available at <http://www.fedview.opm.gov/2012/Published/>. The NASA data on health and wellness participation was 50.9%; up from 2011. The health and wellness satisfaction was at 40.8%; unchanged from the previous year.

Mayo Clinic Presentation

Kirstin Wood, Senior Account Manager, Global Business Solutions, Mayo Clinic presented the NASA *HealthierYou* Progress Report 2012. The presentation covered the utilization, engagement and impact of the Mayo Clinic *EmbodyHealth*. Overall the data YTD from the Health Assessment was equal to or better than the Mayo Book of Business. The Health Assessment closes on December 15, 2012. The results for the WLQ analysis by Tuft's University will be ready in the second quarter of FY2013. This is the 7th consecutive year for the Mayo Clinic Health Assessment and website.

Follow-Up Actions

The PowerPoint presentations from the ViTS were sent by email to all members of the Health Promotion and Wellness Team following the meeting. The next quarterly meeting will be held on March 6 at 1:30 pm EST.