



OCCUPATIONAL HEALTH

Monthly Newsletter July 2009

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◆ 2009 NASA Occupational Health Meeting:



The registration for the [2009 NASA Occupational Health Meeting](#) being held at the [NASA Safety Center \(NSC\)](#) in Cleveland, Ohio on July 13-17 remains open. The number of registered

attendees is at 95. The [Cleveland Airport Marriott](#) is the Headquarters hotel. The hotel provides shuttle service to and from the hotel and will provide daily transportation to and from the meeting at the NSC. The meeting has received accreditation from the University of South Florida and attendees can receive up to 44.25 CME or CNE's for attending the entire meeting.

◆ Stennis Space Center (SSC) Emergency Operations Center (EOC):



On June 2, a ribbon cutting ceremony officially unveiled the new SSC EOC. The 78,688 square-foot building houses the Occupational Medicine Clinic, Fire Department, Security Services, Emergency Management and Incident Command

Post. SSC is more prepared than ever for any situation requiring emergency response. The ceremony was attended Dr. Richard Williams, NASA Chief Health and Medical Officer.

◆ **Mayo Clinic [EmbodyHealth 2009](#):** The engagement data reflects employee participation including JSC's (4,442 out of 5,991). Cohort numbers continue to climb. Data indicates 479 returned participants from 2008, close to 30% of 2008 participants have returned to the web portal for health information and wellness.

5,991 Total Health Assessments completed
1,665 Civil Service Employees
4,064 Contract Employees
262 Other, Spouse, Children

To access the Mayo Clinic Report Suite contact [Mae Hafizi](#).

◆ **[2009 HealthierYou Update](#):** The Walk to Wellness (WTW) Campaign begins on September 1, 2009. Center-specific outcomes data will be provided to those Centers with over 150 participants. A brief instructional WebEx for the WTW Module is available on request for those who missed the presentation during the June 11 ViTS. *The Effect of Smoking on Aerobic Power* was also presented on June 11th. The slide set is a great teaching tool for your [smoking cessation programs](#). Dr. Wier has given permission for use. Please give proper credits and keep the slides' integrity intact.

◆ **[EHRS Project Update](#):** The EHRS Implementation Team continues to move forward with preparations for the first go-live at SSC. The final base table configuration changes for the SSC surveillance protocols have been completed and work continues on the EHRS Records Management Plan. Weekly teleconferences and WebEx discussions continue with our Medgate medical and industrial hygiene consultants. There will

be a demonstration of the Medgate medical modules and reports and a EHRS Project Update at the July meeting.

◆ **Congratulations to JSC's Jackie Reese and DFRC's Kathy Christian!** Last month, Jackie received the [Space Flight Awareness Award](#) for her role as JSC's "Critical Incident Stress Expert" and her exemplary work in directing NASA onsite support groups, conducting training and workshops, and her 24/7 availability in times of crisis. Last month, Kathy received the [Exceptional Service Medal](#) for her assistance to NASA employees through Critical Incident Stress Debriefings and coaching. She served as a Center Coaching Program Manager and provided Executive Coaching at DFRC and at other Centers as an "Internal Coach." She authored and co-taught an outstanding Coaching course that was accepted NASA-wide. NASA employees are very fortunate to have Jackie and Kathy as their EAP providers.

◆ **Congratulations Tanya Johnson!** Congratulations to NASA Headquarters' (HQ) Fitness/Wellness Coordinator, Tanya Johnson! Tanya received her Master's in Public Health from Johns Hopkins on May 20. Tanya has been with NASA since 1999, having worked at Goddard Space Flight Center (GSFC) from 1999-2003 and HQ from 2003 to the present. She earned her Master's while working full-time and has been instrumental in the success of the HQ Fitness Program. Those who have worked with Tanya are very aware of her dedication and passion for the health and wellness of the NASA workforce. Great job Tanya!!!

◆ Congratulations on Teamwork!

A *Teamwork Award* was presented to the *GSFC Laser Safety Team* that included Ted Simmons and Pat Hancock for their support and dedication of the Center's Laser Safety Program and many laser projects conducted by Goddard scientists, especially projects operated in Federal Aviation Administration (FAA) controlled navigable airspace. A *Teamwork Award* was also presented to the *GSFC Radiation Protection Team* that included Derrick Carter, Shawn Healy, Ted Simmons and Dan Simpson for their ionizing and non-ionizing radiation safety support on the systems and instruments associated with the [Lunar Reconnaissance Orbiter \(LRO\)](#) during its Test and Integrating process.



◆ Langley IH Wins National AIHA Award:



Ficklen, CIH, CSP, an IH at Langley was awarded the prestigious American Industrial Hygiene Association (AIHA) [Kusnetz Award](#) recognizing a young leader in the IH profession under the age of forty. The award was presented in Toronto on June 4, at the annual AIHA conference. Congratulations!

◆ Upcoming Occupational Health ViTS:

- Fitness Coordinators – July 7 11:00-12:00 EDT
- Environmental Health – July 8, 11:00-12:00 EDT

NASA OH Newsletter is published by the NASA OH Support Office

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